Matchday Event & Reflection



1. Matchday Information

- 1st League Game
- FC Crystal
- League
- Parkes Hall (Home)
- -07/9/25 10:30 kick off
- Wet, Pitch Good
- 15/18 Available.
- HT 8-0 FT 13-1

Goals: James x6 Adeelx2 Alieu x3 Graysonx1 Noahx1

Assit: Adeel, Tubs, James, Lorenzo, Zach, GRayson, Alieu



2. Pre-Match Objectives

A. Team Tactical Objectives

- 1. Central Midfield combinations.
- 2. Zach linking play if we are to build from the back
- 3. WB's having a "Defender First" mindset and starting position deeper
- B. Unit Objectives

Defensive Unit:

- Communicate often and early. Callum to lead on that.

Midfield Unit:

- Wide player out of possession be reactive. CDM be disciplined in your position and in possession CM's look to support.

Attacking Unit:

- James stay central. Adeel look to run and supper from lines between opponent Mid and Defense

C. Individual Player Objectives

- 1. Zach Be that link 360 vision
- 2. James Stay high for us, Adeel will connect you
- 3. Callum Communicate early and often.

3. Matchday Actions

A. Pre-Match - Dynamic movement stretch which is player led – same as training. Socially good for them gets them moving. Led by Zach this time. Went well

- I told the lads that last weeks final pre season was great for them in terms of adjusting to their new shape and to continue with that work rate they showed.

B. In-Game Coaching

I always try and keep my behavior consistent on the touchline. I use positive reinforcement with my players and give concise clear information. I wont give information when they are in possession as they need to make that decision themselves but may offer afterwards things like "can we start to make decision earlier so we don't get caught in possession" or "I loved that idea Yussuf but are there any other areas of the pitch we can look to play into?" If the ball has gone out following an attack I may remind them to "think of their shape, starting position and responsibilities" I reminded James to not get pulled wide and stay the width of the 18 yard box.

C. Half Time: 8-0. Really pleasing and cdominant, especially in wide areas. Told the lads who will come on they have to slot into the system well and support as the others have. Keep this momentum

D. Changes and why

At half time up I made 4 changes. Reminded the players coming into the system how well the others had done as a collective and individually ad the importance of them combining. Its important to give the lads who require that development the time to play too and when your 8-0 up at half time you can do that!

4. Match Summary (Key Events Linked to Objectives)

- <u>Opponent behaviors noticed</u>: They played in a 442. We Overloaded them centrally and caused them hug problems with our combination play.

<u>Patterns in our play:</u> playing a CAM off the striker worked really well.

- <u>Successes related to objectives:</u> Midfiled overland combinations worked well Wide players

remembered their defensive duties.

- Challenges related to objectives: Having a full subs bench and getting everyone in
- Key moments affecting our tactical plan: Our Central Midfield Combinations were fantastic

5. Post-Match Reflection

A. What went well?

- Central Midfield combinations and overload.
- CAM behind the striker worked really well. Pleased with this and this is how we will set for the start of the season. Pre match routine going well also.

B. What didn't go well?

- Some players coming on are physically still not as strong as the starting 11.
- C. Why did these things happen?
- Players require some development
- D. What will I change next time?
- This will be my starting line up if all players are fit and available.

6. Learning Points (Coach Development)

- I need to ensure I am putting more challenges in training on the players that require that development who are falling behind slightly – but also ensure the ones who are forging ahead are still engaged.

7. Next Steps (Action Plan)

- A. For the Team
- Build on this and keep momentum
- B. For Individual Players
- technical ability as well as tactical understanding for the players who need that more
- C. For Me as a Coach
- Session planning to really cater to a broadening spectrum of player ability levels.